

MENU

Florida Blue ROC Campus
Week of January 27



Entrée Menu

M

Chimichurri Beef with Roasted Potatoes and Onions, and Roasted Parmesan Cauliflower

T

Chicken Piccata with Seasoned Pasta, Roasted Broccoli and Red Peppers

W

Pastitsio with Lemon Spinach & Rice and Grilled Eggplant

Th

Cajun Blackened Shrimp with Pepper Relish, Creole Rice and Roasted Zucchini and Yellow Squash

Fr

Chicken Wings with Tater Tots

Specials This Week



Meat Lovers Pizza: Sausage, Pepperoni, Ham and Bacon



Grilled Bratwurst, Sauerkraut, Grain Mustard on a Club Roll



Grilled Vegetable Grain Salad: Grilled Vegetables, Tomatoes, Cucumbers, Boiled Egg, Over a Bed of Lettuce and Quinoa



Hot Honey Chicken Sandwich: Fried Chicken Dipped in a Hot Honey Sauce Topped with Pickles



Cream of Chicken and Rice



Grilled Chicken Caesar Wrap

CHICKEN PICCATA

JANUARY 28



PASTITSIO

A GREEK BAKED PASTA DISH WITH GROUND MEAT AND BECHAMEL SAUCE

